



38<sup>TH</sup> ANNUAL  
**RUNNER'S STAMPEDE**  
 - JULY 4TH, 2020 -  
 CODY, WYOMING

**IMPORTANT INFORMATION:**

**If you'd like a t-shirt by July 4th,  
 please register by June 16th.**

All entries submitted by 6/16 will be mailed a shirt so you can sport it for your virtual race!

We will take entries through July 3rd, but t-shirts will not be mailed before race day after 6/16.

**LOCALS:** We would ask that you pick up t-shirts at the Cody Rec Center.



**2020 RUNNER'S STAMPEDE  
 VIRTUAL RACE**

Rec Center staff wanted to continue a 4th of July tradition during these unprecedented times and is offering a VIRTUAL RACE for 2020. Complete a 5K walk, 5K run or 10K run anytime, anywhere! Participants all over the country can commit to starting their day with some active fun & receive a commemorative race t-shirt.

**How to Enter**

**Return Completed Form To:**

City of Cody Parks, Recreation & Public Facilities  
 1402 Heart Mountain Street  
 Cody WY 82414

**Or Mail:**

Completed form with payment to  
 City of Cody  
 Runner's Stampede  
 PO Box 2200  
 Cody WY 82414-2200

**To Enter Online:**

Go to  
[www.cityofcody-wy.gov/159/Runner's-Stampede](http://www.cityofcody-wy.gov/159/Runner's-Stampede)  
 complete fillable form and  
 e-mail to [kellys@cityofcody.com](mailto:kellys@cityofcody.com),  
 or fax to 307-587-2565.  
 You will be called for credit card information

**REGISTRATION FEE \$30**

PLEASE DO NOT SEND CASH  
 MAKE CHECKS PAYABLE TO CITY OF CODY

**REGISTRATION CODE: 260004**

**FOR MORE INFORMATION  
 CALL 527 3487 OR EMAIL  
[KELLYS@CITYOFCODY.COM](mailto:kellys@cityofcody.com)**

**2020 RUNNER'S STAMPEDE  
 ENTRY FORM**

**1. Check the race you are entering**

Only one entry per application, please.

5K Walk     5K Run     10K Run

**2. Division**

Check gender and age group.

Male     Female

13 & under (5K only)     14-19     20-29

30-39     40-49     50-59     60 +

**3. T-Shirt Size**

Small\_\_ Medium\_\_ Large\_\_ X-Large\_\_ XX-Large\_\_  
 Mail Shirt \_\_\_\_\_ Local Pick Up: \_\_\_\_\_

*Local Pick Up is preferred when possible!*

**4. Name and Contact Information**

Full Name \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Phone \_\_\_\_\_

E-mail \_\_\_\_\_

**5. Terms of Participation**

Please read this waiver carefully, and let us know if you have any questions or concerns.

When registering yourself, your spouse, or your minor child/children for membership and participation in activities and programs sponsored by the Paul Stock Aquatic & Recreation Center you will be waiving and realizing all claims for injuries you, your spouse, or your minor child/children might sustain arising out of the use of the facility mentioned above.

I hereby give my consent for myself, spouse or minor child/children to participate in recreational activities sponsored by the Cody Parks & Recreation Department in Cody, Wyoming, during any session of the recreation program. I HEREBY RELEASE THE SHOSHONE RECREATION DISTRICT, RECREATION DIRECTOR, RECREATION STAFF AND BOARD OF DIRECTORS, THE CODY PARKS & RECREATION DEPARTMENT, THE CITY OF CODY, AND ALL CITY STAFF ASSOCIATED THEREWITH FROM ALL LIABILITY, INCLUDING CLAIMS AND SUITS AT LAW OR IN EQUITY FOR ANY INJURY FATAL OR OTHERWISE, INCLUDING BUT NOT LIMITED TO CLAIMS FOR NEGLIGENCE, while participating in any of the recreation activities and understand that I will be fully responsible for any damage or injuries incurred by the participant while involved in any Recreation Department activity.

Also, I hereby pledge to provide positive support, care and encouragement for my fellow competitors and league officials by following this Code of Ethics. I will encourage good sportsmanship by demonstrating positive support for all players, coaches and officials at every game. I will treat other players, coaches, fans and officials with respect regardless of race, sex, creed or ability. I understand that I am participating in a recreation activity and agree not to use profane language or engage in "trash talking" at any time. I will lead, by example, in demonstrating fair play and sportsmanship to all my fellow competitors. I understand that the officials are there for my benefit and will agree not to direct any profane or threatening actions toward them (either verbal or physical). I understand that any violation of this code shall be cause for the Shoshone Recreation Board & Cody Parks & Recreation, in executive session, to deal with any behavior and/or conduct that are considered by the Board to be disruptive, destructive, and/or illegal. Behavioral problems may result in expulsion from the program without reimbursements.

The Shoshone Recreation District/Cody Parks & Recreation Department does not provide any medical insurance or personal liability to cover participants during an activity. This is the responsibility of each individual involved in any recreation activity.

NOTICE: The City of Cody reserves the right to take and use photographs of individuals using the Cody Recreation Center and/or participating in programs sponsored by the City of Cody. Such photographs are the property of the City of Cody, and may be used in brochures, advertisements and other promotional materials.

**Participant**

Signature \_\_\_\_\_ Date \_\_\_\_\_

*(Parent/Guardian Signature if Participant is a Minor)*